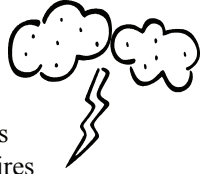


EMERGENCY PREPAREDNESS in MITCHELL COUNTY

Disasters that could happen:

- Floods
- Snowstorms
- Hazardous Material
- Terrorist attacks
- Pandemic Flu/Contagious Diseases
- Tornados
- Forest Fires
- Hurricanes
- Earthquakes



Emergency: Phone Numbers:

911

Emergency Mgmt. **688-4615**
 Communications: **688-9110**
 Progress Energy: 765-7433 or 1-800-419-6356
 French Broad: (828) 682-6121 or 688-4431
 Poison Control: 1-800-848-6946
 Hazardous Spills: 1-800-424-8802 or 911
 Health Line: 1-877-777-8232
 Blue Ridge Regional Hospital: 765-4201
 AT&T/BellSouth: 1-800-642-0544
 Verizon South 1-800-483-1000



Where to get Information:

Listen to : Scanners, Radio and TV
Stations

You may need battery powered radios,
& TV's (remember batteries).



AAAClipart.com

SHELTERS: designated by Mitchell County Department of Social Services

- Call EMERGENCY MANAGEMENT
(688-4615) for location

Probable shelters:

- ◇ Buladean Elementary School
- ◇ Tipton Hill Elementary School
- ◇ Bowman middle School
- ◇ Harris Middle School
- ◇ Spruce Pine First Baptist Church

Items to take to shelter:

- Blankets and pillows
- Towels
- Change of Clothes
- Shoes or Boots and Socks
- Jacket, Hat, Gloves
- Prescription Medicines
- Glasses, hearing aids

✓ 72 Hour Home Survival Guide

- ✓ Store these supplies in sturdy, easy-to-carry containers, such as backpacks, duffel bags, or covered containers.
- ✓ A supply of water (one gallon per person per day). Store water in sealed, unbreakable containers. Identify the storage date and replace every six months.
- ✓ A change of clothing, rain gear and sturdy shoes. Jacket, gloves, hat, thermal underwear, a towel, one blanket or sleeping bag per person.
- ✓ An extra pair of glasses.

- ✓ A supply of non-perishable packaged or canned food and a non-electric can opener.
- ✓ A first aid kit that includes your family's prescription medications.
- ✓ An extra set of car keys, and a credit card, cash, cash or traveler's checks.
- ✓ A list of emergency phone numbers.
- ✓ A list of important family information; the style and serial number of medical devices such as pacemakers.
- ✓ Keep important family papers in a water-proof container. Keep a smaller kit in the car trunk.
- ✓ A whistle or a mirror to let someone know where you are.
- ✓ Don't forget to provide special items for elderly, disabled or very young family members. (ie: toys, books, diapers)
- ✓ Use perishable foods first (refrigerated or frozen foods).

Plan ahead;

Be sure to review your plan yearly with all family members.

Be calm-patient

Be sure children know what to do-

*Telephone numbers
How to use radios, scanners,
& Which neighbors to go to*



Precautions for Pandemic or Contagious Diseases

1. Stay home with ill & when disease is epidemic in County. Stay home when schools & businesses close. Stay away from crowds
2. Wash hands frequently or use Anti-bacterial hand sanitizer
3. Cover coughs & sneezes-teach children
4. Wear masks to protect self and protect others
5. Take recommend flu vaccine

Safety Tips:

- Stay away from downed power lines
- Try not to jam up the phone lines.
- Do not drive through water or raging streams.
- No unnecessary travel.
- Do not cook on grills or propane stoves indoors.
- Heating and cooling sources must be well-ventilated.
- Be sure candles & lanterns are safe.
- Do not eat or prepare food that has been left out of refrigerators over 2 hours.

Water Purification:

One gallon per person per day



Boil water 8-10 minutes at rolling boil. Cool before drinking. OR Use unscented household liquid bleach (5.25% sodium hypochlorite)-16 drops per gallon. Stir, let stand for 30 minutes. Pouring water back and forth between clean containers will put oxygen back into the water and improve the taste.

Well Water Purification:

2-8 cups bleach-depends on depth and size of well casing.
Have water tested ASAP.



Animals during a Disaster

- One shelter in the county will likely be designated as Pet Friendly-others will not take pets.
- Mitchell County has a trailer with cages for pets- dogs and cats.
- Owners bringing pets to the shelter must care for own pets- walk, feed, etc.
- All pets must have immunizations records.
- Set up emergency kits for animals-food for a week, meds, leashes, harnesses, carrying cases, ID tags, Immunization papers & tags, picture of you and your pet (to claim pet).
- Patricia Beam of MCAR is contact person (765-2412)



Remember:

- IF EVACUATING—Turn off utilities;
 - Fuse box Oil or fuel
 - Water main Propane tanks
 - National Gas Main
- IF POWER FAILS—Have available:
 - Alternative cooking methods- use only outdoors or in well-ventilated areas.
 - Generator
 - Flashlights with batters



Mitchell Community Health Partnership

Nancy Yantchook-Chairperson: 688-2262
Ron & Libby McKinney- Coordinators:688-2740
Office of Emergency Management
Eric Wiseman-Director: 688-4615

STANDARD MAIL
US POSTAGE
BAKERSVILLE, NC
Permit NO.1

IMPORTANT INFORMATION

Mitchell County Resident

Mitchell Community Health Partnership
PO Box 176
Bakersville, NC 28705

